

MINIMUM LICENSING  
REQUIREMENTS  
For  
CHILD CARE  
CENTERS

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# MINIMUM LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

## 100 CHILD CARE LICENSING

The “Child Care Facility Licensing Act” Ark. Code Ann. §20-78-201-220, as amended, is the statutory authority for licensing child care facilities. This Act created the Division of Child Care and Early Childhood Education and authorized the Division to establish rules and regulations governing the granting, revocation, denial and suspension of licenses for child care facilities and the operation of child care facilities in this state. The Minimum Licensing Requirements for Child Care Centers are the Division's rules and regulations for Child Care Centers.

The Child Care Facility Licensing Act designates the Arkansas Department of Human Services, Division of Child Care and Early Childhood Education as the administrative agency responsible for administering the Act in accordance with the Minimum Licensing Requirements for Child Care Centers. The Division is authorized to inspect and investigate any proposed or operating Child Care Centers and any personnel connected with the Center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Minimum Licensing Requirements for Child Care Centers.

The licensing requirements contained in this manual apply to group child care. (Refer to the Minimum Licensing Requirements for Day Care Family Homes for the requirements that apply to child care provided in a day care family home.)

The owner should be aware of applicable federal laws which may affect the operation of the facility. Child care programs are among the public accommodations that must comply with the Americans with Disabilities Act. (ADA)

Under federal civil rights laws, a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.

The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of the federal Civil Rights Act or the Americans with Disabilities Act.

### **Laws relevant to the operation of child care facilities are available upon request.**

The following standards are the minimum licensing requirements which shall be met by persons or organizations which operate a child care facility. In recommending a license be issued, the Division of Child Care and Early Childhood Education works in coordination with the local and state Health Departments, Fire Departments and City Planning or Zoning Departments. Persons considering opening or expanding a child care facility shall immediately contact these individual departments for inspection and information on their separate regulations. Clarification or questions shall be directed to the appropriate departments.

This license is not transferable from one holder to another or from one location to another.

## 101 General Requirements

Child Care Centers shall maintain compliance with the licensing requirements at all times. To be in substantial compliance, the Child Care Center shall meet all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space. Failure to comply with any of the licensing requirements for Child Care Centers may result in the following adverse action:

- a. Denial of an application for a license or for church exempt status;
- b. Revocation or suspension of a license or church exempt status;
- c. Issuance of a provisional license or church exempt status;
- d. Imposition of penalties.

The following factors may be considered when determining the appropriate adverse action:

- a. Severity of the deficiency cited;
- b. Number of violations cited;
- c. Frequency of violations cited,
- d. Past history of compliance; and
- e. Willingness/ability to correct violations.

Each Child Care Center shall be reviewed by the Child Care Licensing unit to determine whether the facility is in compliance with all the Minimum Licensing Requirements for Child Care Centers. Child Care Licensing staff shall have access to Child Care Centers for the purpose of conducting inspections, reviews, and complaint investigations. Denial of access to the facility or to children may result in any of the adverse action described above. A caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during licensing visits.

## 102 Licensing Procedures

1. Application -- An application shall be obtained from the Child Care Licensing Unit. The completed application shall be submitted to the Child Care Licensing Unit for review and approval. After receipt of a completed application, the Licensing Specialist has 60 days to submit a recommendation to the Division. A completed application shall consist of:
  - a. A signed application form with a designated person who assumes legal responsibility for operation of the child care facility;
  - b. Name of proposed director and their qualifications;
  - c. A description of the services that will be provided to the children;
  - d. Verification that criminal record checks and child maltreatment central registry checks have been initiated on all owners, operators and employees of the Child Care Center;
  - c. Health department, fire department, and zoning approval;
  - f. Floor plan
  - g. Clear written guidelines of responsibility for the board and administrator if the facility has a governing board.

2. Time for processing: The Licensing Specialist has sixty days to submit a recommendation to the Division.

3. Licensing fees

a. Each facility shall submit an annual license fee as long as the facility is in compliance with the Minimum Licensing Requirements for Child Care Facilities.

1. Facility serving up to 17 children - \$15 per year
2. Facility serving 17 to 99 children - \$50 per year
3. Facility serving 100 or more children - \$ 100 per year

A facility license is determined by combining the maximum license capacity of all licenses located within the same premises.

b. Upon review and determination by the Child Care Licensing Specialist of a licensing recommendation, the Child Care Licensing Specialist shall issue a Notice of License Fee Due to the facility.

c. The Division shall not issue a license unless the required license fee has been paid.

d. Verification of receipt of license fee shall be presented to the Division at the time of licensure recommendation.

e. The fee schedule shall apply to all child care facility recommendations for licensure as follows:

1. New Provisional License - Provisional License for new operation to be issued for a period of twelve months. A one-year license fee is paid prior to the issuance of a provisional license that shall be in effect for twelve months.
2. New Regular License or Conversion from provisional to regular status: License fee is to be paid prior to issuance of a new license.
3. Conversion to Provisional Status: No license fee is due for licenses converted to provisional status during the term of a regular license.

f. A second notice of license fee due will be sent to facilities failing to submit the required license fee (Notice of License Fee Past Due). This notice will be sent 20 days after the initial notice of fee due. Failure to submit a license fee within 20 days of the past due notices will result in a recommendation to the Division to cease and desist the operation of the child care facility.

g. Refunds of license fees paid are made only when the Division does not approve issuance of a license. There shall be no refunds of license fees paid for voluntary closure of a facility or for Division action to revoke or suspend a license.

h. All license fees paid to the Division shall be deposited in a special Child Care

Provider's Fund. This Fund shall be used to meet the cost of conducting statewide criminal record checks, with the remaining money used for training or materials to be loaned to the child care providers. Funds to cover the cost of statewide criminal checks shall not exceed the total fees collected and deposited in the fund.

4. License -- The Child Care Licensing Unit shall conduct a licensing study of each Child Care Center to determine eligibility for a license. The facility shall be approved by the Child Care Licensing Unit before a license may be issued by the Division. A license for a Child Care Center shall specify:
  - a. The name and address of the facility;
  - b. The owner/operator of the Child Care Center;
  - c. The number of children authorized for care at the Child Care Center;
  - d. The expiration date of any provisional licenses; and
  - e. The type of care the Child Care Center will be providing.
5. License -- Non-transferable -- A license for a Child Care Facility or approval for church-operated exempt status shall apply only to the address and location stated on the license or approval issued. It shall not be transferable from one holder of the license or approval to another, or from one place to another. If the location of a Child Care Facility is changed, or the operator of the Child Care Facility is changed, then the license or approval for that Child Care Facility shall be automatically revoked on such a change. The Child Care Facility shall notify the Licensing Unit of a change of location or ownership.
6. Compliance -- On-site inspections of Child Care Centers are conducted by the Child Care Licensing Unit on a routine basis to determine a facility's continued compliance with standards. The Child Care Licensing Unit shall have the authority to make both scheduled and unscheduled visits throughout the license to determine continued compliance with the requirements and to offer consultation and technical assistance.

Violations of rules are documented in writing by use of the licensing compliance record. Documentation shall include:

- a. Reference to the specific rule violated;
- b. A factual description of the nature of the violation and how the Child Care Center failed to comply;
- c. Date of expected corrections.

The Child Care Licensing Specialist will increase unscheduled monitor visits where numerous violations of standards are cited.

If a violation is of imminent threat to the health, safety and welfare of the children attending the Child Care Center, corrective action or compliance shall be obtained within 24 hours in order to insure the health, safety and welfare of the children in care. If a Child Care Center violates an administrative standard or a standard that does not directly threaten the immediate health, safety or welfare of the children in care, these violations shall be corrected within a reasonable time as mutually agreed upon by the Child Care Licensing Unit and the Child Care Center.

Once a violation has been corrected, the correction is documented on the Licensing Compliance Record and a copy is provided to the Child Care Center.

7. License - Provisional --The Child Care Licensing Specialist shall recommend a provisional license when the facility is newly opened, a facility has been acquired by new owners whose compliance history has not been determined, or the facility is not operating in substantial compliance, but the deficiencies are not so numerous, frequent or severe as to jeopardize the health, safety, and welfare of children. A provisional license shall not exceed twelve (12) months in length.

At the end of the provisional license, the Division may in its discretion:

- a. Issue a regular license;
  - b. Revoke the license;
  - c. Suspend the license; or
  - d. Issue a successive provisional license in conjunction with the imposition of a civil penalty.
8. License - Suspension--- Suspension is appropriate when the CCLS determines that the facility has serious areas of non-compliance, but the facility would be able to resume normal operation when the harmful conditions are eliminated.
- If granted, the suspension order remains in effect until the order expires or until the Division determines that the problems necessitating the suspension order have been resolved.
- If the Division finds that the terms of the suspension order have been met prior to the expiration of the suspension period, the Division retains the discretion to reinstate the license. If the terms of the order have not been met, the Division may revoke the license.
9. License - Revocation --The Division revokes a license when a currently licensed facility is operating in such a state of non-compliance that the facility shall be made to cease operation and the operator shall not be eligible to reapply for at least one year.

## 103 APPEAL OF LICENSING ACTIONS

A licensee or applicant for license may request an appeal of any of the following licensing actions;

- Adverse licensing actions (revocation or suspension of a license, conversion to a provisional license or denial of an application for a license)
- Founded licensing complaints
- Denials of alternative compliance requests
- Cited noncompliance with the published standards

An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse licensing actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal licensing actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the licensee or applicant for license disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the licensee or applicant for license, the matter will be referred to the Child Care Appeal Review Panel for hearing. **(This appeal process also applies to Church Operated exempt facilities.) (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)**

## 104 ALTERNATIVE COMPLIANCE

1. The Division may grant alternative compliance with the Minimum Licensing Requirements for Child Care Centers if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirements for which the alternative compliance was sought.
2. The Division shall consider all requests for alternative compliance with the Licensing requirements except those requirements that are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's office and applicable city ordinances including zoning.
3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the facility:
  - a. The applicant/licensee shall submit the request for alternative compliance in writing.
  - b. The request shall include:
    1. The specific standards for which alternative compliance is sought;
    2. An explanation of how the alternative form of compliance is equal to or exceeds the stated requirements;
    3. Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to be able to continue to provide for the health, safety and welfare of children as intended by the requirements; and
    4. The applicant/licensee shall provide clear and supportive evidence and upon request of the Division, an expert's opinion of the effect of the health, safety and welfare of children and who will be protected through the alternative means of compliance.
4. A separate written request shall be submitted for each requirement of which alternative compliance is sought.

The approved alternative compliance is effective for the duration of the license unless a shorter time frame is requested or approved.

5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternate means of complying with the requirement is granted by the Division and the facility fails to satisfactorily implement this alternate means, the original requirement for which alternative compliance was sought shall become immediately enforceable.
6. The Division shall have the right to obtain an expert opinion to corroborate that provided by the applicant/licensee.
7. The Division shall have the right to deny requests for alternative compliance when it finds that such request does not adequately protect the health, safety and welfare of children and does not meet the intent of the requirements.
8. All requests for alternative compliance shall be answered in writing by the Division.

## **105 CHURCH-OPERATED EXEMPTION**

1. Act 245 of 1983 defines those facilities that may apply for an exemption from the obtaining of a license to operate a child care facility and the process through which such exemption may be granted.

The facility must be operated by a church or group of churches and be exempt from the State Income Tax levied by Act 118 of 1929, as amended. The person or persons in charge of such a facility shall submit a written request to the Division for such exemption along with the following:

- a. Verification of exemption from State Income Tax;
  - b. Verification that the facility is operated by a church or group of churches;
  - c. Verification that the facility has been inspected annually and meets the applicable fire safety and health standards; and
  - d. Certification from the facility that it is in substantial compliance with published standards that similar nonexempt child care facilities are required to meet.
2. The Division shall review each request for a church-operated exemption and reply in writing within 60 days from receipt of such request.
  3. The facility shall be visited by Division staff to verify the facility's substantial compliance with the published standards prior to the consideration and review by the Division.
  4. The Division shall consider each request for exemption and shall review the Division staff's written report in determining a facility's substantial compliance with published standards.
  5. If a facility claims and states the belief that a particular standard is of a religious or curriculum nature the Division shall consider and make a determination on the statements that shall then be a final action subject to review under the Administrative Procedures Act.
  6. Written notification of an exemption shall be made to the facility stating the maximum number of children allowable, the dates of exemption and any other conditions by which an exemption is granted.
  7. Division staff shall have the authority to visit any church-operated exempt facility to review, advise and verify the maintenance of substantial compliance at the direction of the Division.

## **106 Licensing Investigations**

Child Care Licensing staff shall investigate all licensing complaints.

## **107 Child Maltreatment Record Checks**

1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check:
  - a. Each applicant to own or operate a child care facility (at application and every two years thereafter)
  - b. Employees and applicants for employment in a child care facility (at application or within 10 days of hire and every two years thereafter)



- c. All volunteers who have supervisory and/or disciplinary control over children or who have routine contact with children (at application and every two years thereafter)
  - d. Members of Boards of Directors who have supervisory and/or disciplinary control over children or who have routine contact with children. (at application and every two years thereafter)
2. No employee in a child care center who has had a complaint of child maltreatment filed against them shall be permitted to be left alone with children until the allegations have been determined founded or unfounded.
  3. If corrective action is appropriate, the facility shall require all employees who have had a founded report of child maltreatment to follow the corrective action plan specified by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans may constitute grounds for adverse action against the license.
  4. The statewide Child Maltreatment "Hot Line" and the Child Care Licensing Central Office number shall be posted in a conspicuous place in the child care facility. The "Hot Line" number is 1-800-482-5964 and the Licensing Central Office number is (501) 682-8590 or toll free 1-800-445-3316.

## **108 Criminal Records Checks**

1. The following persons shall apply to the Identification Bureau of the Arkansas State Police for a nationwide criminal record check, to be conducted by the FBI, which shall include a fingerprint check. The individual is responsible for the cost of a nationwide check.
  - a. Each applicant to own or operate a child care facility (initial application only)
  - b. Each employee who has not been a resident of the State of Arkansas for the six preceding years (within 10 days of hire)
  - c. Volunteers who have supervisory or disciplinary control over children or are left alone with children (if the person has not been a resident of Arkansas for 6 years)
2. The following persons shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police.
  - a. Each applicant to own or operate a child care facility (at application and every 5 years thereafter)
  - b. Employees and applicants for employment in a child care facility (within 10 days of hire and every 5 years thereafter)
  - c. Volunteers who have supervisory and/or disciplinary control over children. (within 10 days of hire and every 5 years thereafter.)

3. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses:
1. Capital murder;
  2. 1st/2nd degree murder;
  3. Manslaughter;
  4. 1st/2nd degree battery;
  5. Aggravated assault;
  6. 1st degree terroristic threatening;
  7. Kidnapping;
  8. 1st degree false imprisonment;
  9. Permanent detention or restraint;
  10. 1st/2nd degree rape or carnal abuse;
  11. 1st/2nd degree sexual abuse;
  12. 1st/2nd degree violation of a minor;
  13. Incest;
  14. 1st degree endangering of a minor;
  15. Permitting child abuse;
  16. Engaging children in sexually explicit conduct for use in a visual or print medium, transportation of minors for prohibited sexual conduct, use of a child or consent to use a child in sexual performance, by producing, directing or promoting sexual performance by child.
  17. Criminal attempt, criminal solicitation or criminal conspiracy to commit any of the above names offenses.
  18. Distribution to minors (of any controlled substance);
  19. Manufacture, delivery, or possession with intent to deliver, or manufacture any controlled substance;
  20. Carnal abuse in the third degree;
  21. Sexual solicitation of a child;
  22. Pandering or possessing visual or print medium depicting sexually explicit conduct involving a child;
  23. Negligent homicide;
  24. Assault in the first degree;
  25. Coercion;
  26. Sexual misconduct;
  27. Public sexual indecency;
  28. Indecent exposure;
  29. Endangering the welfare of a minor in the second degree
  30. Any felony or any misdemeanor involving violence or sexual misconduct.
4. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above may apply to the Division to demonstrate rehabilitation, if more than five (5) years have passed since that person was released from confinement or parole. The Division is authorized to determine whether rehabilitation is sufficient for the person to be a child care owner, operator, or employee.

## **200 ORGANIZATION AND ADMINISTRATION**

1. The Owner and/or Board of Directors shall be responsible for operating the facility and shall have final responsibility to ensure that the facility shall meet licensing requirements. Names, addresses, and telephone numbers of Board members shall be provided to the Licensing Specialist.
2. The facility shall provide a written procedure for reporting allegations of child maltreatment and suspected licensing violations. There shall also be written procedure for how staff and parents are notified that children are subject to be interviewed by licensing staff, by child maltreatment investigators, or by law enforcement for investigative purposes and/or determining compliance with licensing requirements.

## **300 PERSONNEL**

### **301 Staff/Child Ratio**

1. A licensee shall not have more children in care at any one time than the maximum specified on the license.
2. The following Staff Child Ratios shall be maintained:
  - a. Ages 2 1/2 through 3 years - 1 worker per 12 children
  - b. 4 years - 1 worker per 15 children
  - c. 5 years to kindergarten - 1 worker per 18 children
  - d. Kindergarten and above - 1 worker per 20 children
3. When a total of eight (8) or fewer children are in care, age groups may be mixed according to the following ratios:
 

#STAFF	# CHILDREN	AGES
1	6	No more than 3 under age of 2 years
1	7	No more than 2 under age of 2 years
1	8	No more than 1 under age of 2 years
4. In a group containing children of different ages, the staff/child ratio shall meet the requirements for the youngest child in the group.
5. During lunch or outdoor play activities, if children of different age groups are together, the staff child ratio for the respective age groups shall be maintained.
6. At no time shall children be left unsupervised or unattended. The child care center shall provide additional staff for any temporary absence of primary child caring staff for activities such as breaks, meal preparation, transportation, etc.
7. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.
8. During nap time for children age 2 1/2 and above, a minimum of 50% of the staff shall remain with the children, with a total of 75% of the staff remaining in the building.

#### **301.10 Infants/Toddlers**

1. The following staff/child ratios shall be maintained at all times: (This includes naptime.)
  - a. Birth to 18 months: 1 caregiver per 6 children
  - b. 18 months to 36 months: 1 caregiver per 9 children
2. Infant and toddlers shall not be mixed with day care children except as provided in Section 301.3. However, children ages 30 to 36 months may be placed in the group most suited to their social, emotional and developmental maturity.

### **302 Director**

1. There shall be a director who shall be responsible for administering, planning, managing, and controlling the center's daily activities and for ensuring that the licensing requirements are met.
2. Directors shall be age 21 or older, have a high school diploma or GED and have four (4) program years experience in child care or elementary education programs.
3. The following educational levels may be substituted for experience:
  - a. A Bachelors degree
  - b. AA Degree with an emphasis in Early Childhood or Child Development;
  - c. CDA, Child Development Associate Credential, or a child care credential from an approved program.
4. When the director is away from the center, there shall be a person in charge who shall have the authority to carry out daily operations. The person in charge shall be age twenty-one (21) or older.
5. All new directors shall attend New Director's Orientation within six months of employment. (This is an orientation class conducted by the Division).
6. The director shall obtain 10 clock hours in early childhood education each year as approved by the Division. Documentation of training shall be maintained and available for review.
7. Topics appropriate for continuing early childhood education shall include, but are not limited to the following:
  - a. Child growth and development;
  - b. Nutrition and food service;
  - c. Parent communication and involvement;
  - d. Curriculum and curriculum development;
  - e. Developmentally appropriate practice and learning environments;
  - f. Behavior management;
  - g. Emergency care and first aid; and
  - h. Administration and management of early childhood programs.

### **303 Employee Requirements**

1. All employees in a child care center shall be age 18 years or older. Prospective employees younger than 18 years shall be under the direct supervision of the director or person in charge and shall be approved on an individual basis by the child care licensing unit.
2. All employees hired after January 1, 1990, to work directly with children shall have a high school diploma or GED or shall be enrolled in a GED curriculum and complete the curriculum within one year of hire.
3. All employees who work directly with children shall obtain at least 10 hours of in-service training or outside workshop training each year in continuing early Childhood education which is approved by the Division.
4. At least one adult member of the staff who is certified in infant and child cardiopulmonary resuscitation (CPR) shall be present within the physical confines of the child care center while children are in care.
5. Prior to providing direct child care, staff shall receive an orientation in basic health & safety, facility discipline policies, center schedules, and shall be advised that they are mandated reporters under the Child Maltreatment Reporting Act.
6. All employees working in a child care center, in any capacity, shall obtain a health card or physician's statement showing the absence of contagious Tuberculosis. This shall be renewed on a yearly basis.
7. All employees caring for children shall be able to perform job functions.

### **304 Volunteers**

1. Volunteers who are considered in the staff/child ratios or given disciplinary control over children shall meet the requirements for personnel (Section 300) and employee requirements (Section 303).
2. Volunteers who are not considered in the staff child ratio and who are not given disciplinary control over children shall have on file a physician's statement or health card and a child maltreatment central registry check. An exception shall be given to parents who volunteer to assist in field trips.
3. Individuals who provide health services or program enrichment activities on a limited basis are not considered volunteers. The facility shall retain a register of such persons listing name, organization, address, telephone number, date and time in the center.

### **400 PROGRAM**

1. There shall be a written daily routine listing developmentally appropriate activities for children. The program shall offer alternating periods of active play and quiet times throughout the day.
2. There shall be an opportunity for a supervised rest period of at least one hour but not more than two hours.
3. Parents shall not be denied access to their child(ren) at anytime during hours of operation.
4. There shall be a total of at least one-hour of outdoor play per day in suitable weather.

## **400.10 Infants/Toddlers**

1. Sleeping children shall be visually monitored at all times and physically checked regularly for breathing.
2. Each infant/toddler shall be given opportunity during the day to explore the area outside the crib or baby bed.
3. Infants/toddlers shall be placed in age appropriate cribs, cots, or mats when they fall asleep.
4. Infants and toddlers shall be taken outside for a period of time every day, unless prevented by weather or special medical conditions.
5. Infants/toddlers, when awake, may remain in the crib/playpen as long as he or she is content, but never for periods longer than one (1) hour.
6. Infants shall be held, and played with by the caregiver at times other than diapering and feeding.

## **500 DISCIPLINE**

1. Discipline shall be individualized and consistent for each child; it shall be appropriate to the child's level of understanding and be directed toward teaching the child acceptable behavior and self control.
2. Physical punishment shall not be administered to children.
3. The length of time a child is placed in time out shall not exceed one minute per year of child's age.
4. Appropriate discipline techniques include:
  - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well.
  - b. Remind the children on a daily basis of the rules by using clear positive statements of how they are expected to behave rather than what they are not supposed to do.
  - c. Attempt to ignore minor inappropriate behavior and concentrate on what the child is doing properly.
  - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
  - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time.
  - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention.

- g. When the entire group is behaving well, stop and do an activity that they really enjoy in order to reward them for doing well.
5. The following activities or threats of such activities are inappropriate as disciplinary measures and shall not be used for children; these include, but are not limited to:
  - a. Restraints;
  - b. Washing mouth with soap;
  - c. Taping or obstructing a child's mouth;
  - d. Placing unpleasant or painful tasting substances in mouth, on lips, etc;
  - e. Profane or abusive language;
  - f. Isolation without supervision,
  - g. Placing child in dark areas;
  - h. Inflicting physical pain, e.g., hitting, pinching, pulling hair, slapping, kicking, twisting arms, biting or biting back, spitting, swatting, etc; or
  - i. Forcing physical activity, such as running laps, doing push-ups, etc.
  - j. Associating discipline with food, rest, toilet training or illness.
  - k. Shaming, humiliating, frightening, physically or mentally harming children or labeling children.
6. Discipline practices used by the center shall be discussed with each child's parents and provided to them in writing at the time of enrollment with a copy signed by the parent maintained in the child's record.

## **500.10 Infants/Toddlers**

1. Time-out shall not be used for children under two years of age.

## **600 RECORDS**

All employee, children and facility records shall be kept and made available to the Child Care Licensing Unit on request. This information shall be maintained for 3 years.

### **601 Employee Records**

Employee records shall contain the following:

1. Name, date of birth, address and telephone number;
2. Education, training and experience;
3. Health record, including current health card and/or physician's statement verifying the employee is free of contagious tuberculosis;
4. Employment related information for previous six years, with written documentation, that contact or attempt to contact has been made;.
5. Attendance record, listing days and hours worked;
6. Date of employment and date of separation: and
7. Document training or continuing education; i.e., orientation, in-service training, and workshop documentation, which shall include title of workshop, presenter, hours of training and date.
8. Initiation of Criminal Record Checks and Central Registry Checks and the results obtained when received.

## **602 Child Records**

The child care facility shall maintain a record for each child in care which shall contain the following information:

1. Application form which includes child's name, date of birth and address, name of parent or guardian, telephone numbers (home and business), work hours of parents or guardians, and date of enrollment in facility.
2. The name, address and telephone number (home and business) of a responsible person to contact in an emergency if the parent or guardian cannot be located promptly;
3. Name, address and telephone of child's physician or emergency care facility;
4. Written permission of parent or guardian authorizing emergency medical care and transportation of child for emergency treatment. This authorization shall accompany children anytime they are transported.
5. Name(s) of persons authorized to pick up child;
6. Permission slips signed by parent or guardian authorizing the child to be taken on specific field trips;
7. Roster(s) of children's names of those going on a field trip shall be checked upon boarding for departure, upon boarding for the return trip and upon arriving back at the facility;
8. Pertinent medical history on the child;
9. An authorized record of up-to-date immunizations or documentation of a religious or medical exemption from the Arkansas Department of Health (a current immunization schedule is provided as an insert in this publication);
10. Attendance records on all children;
11. A record of all accidents or injuries indicating the location, time of day, area or piece of equipment where the incident occurred.

## **700 NUTRITION**

1. The center shall ensure that lunch is served to each child.
2. The lunch and evening meals shall each include 1/3 of the minimum daily nutrition requirements from each of the four basic food groups. If sack lunches are utilized, the facility shall ensure that these also meet 1/3 of the minimum daily nutrition requirements. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
3. Breakfast shall be made available for children who arrive before 7:00 a.m. Breakfast may be served to all children rather than a morning snack provided there is no more than 3 hours between breakfast and lunch.



4. Meals shall be served at tables. All food service surfaces shall be kept sanitary.
5. Food and drinks which are not available to the children shall not be consumed by staff in the children's presence.
6. Mid-morning snacks or breakfast, and mid-afternoon snacks of nutritional value shall be provided for all children.

### **700.10 Infants/Toddlers**

1. The use of food, bottles and formula shall be agreed upon by the caregiver and parent.
2. Infant bottles and food shall be prepared and heated in an area separate from the diaper change area.
3. Water used for the preparation of formula shall not come from the hot water supply.
4. Children shall not share the same bottle or eating utensils. The facility shall practice a sanitary method of cleansing baby bottles, cups, and utensils.
5. Bottles shall not be propped. Infants under six months of age shall be held while being bottle fed. If needed, infants six months of age or older shall be held while being bottle fed.
6. Bottles shall be labeled with the child's name and shall be refrigerated.
7. Safety straps shall be used in high chairs at all times.

### **800 BUILDINGS**

1. Child care centers shall comply with the Minimum Requirements of The National Fire Safety Code 101 as administered by local fire department or by the State Fire Marshal, who has final authority. Written verification of annual approval shall be maintained on file.
2. State Health Department requirements shall be met. Written verification of annual approval shall be maintained on file.
3. All space used by a center shall be kept clean and free of hazardous or potentially hazardous objects.
4. Thirty-five square feet per child of usable floor space shall be required for indoor activities. This does not include bathrooms, kitchen and hallways. Usable space in the child care center shall include areas in the classroom used for storage of programmatic materials which are accessible to children. This does not include closets or storage space for equipment that is not in use.
5. Separate space shall be provided for the isolation of children who become ill and shall be located in an area that can be supervised at all times by a staff member.
6. All parts of the center used by the children shall be well heated, lighted and ventilated. Glass doors shall be clearly marked. When windows and doors are used for ventilation, they shall be screened and shall not present a safety hazard.

7. Floor furnaces, gas heaters, electric heaters, hot radiators, hot water heaters, air conditioners and electric fans shall have guards and shall not present a safety hazard.
8. Floors, ceilings and walls shall be in good repair and kept clean. Paints used at the facility shall be lead free.
9. A child care center shall have an operable telephone.
10. The following manufactured homes shall not be used as child care centers:
  - a. Manufactured homes constructed prior to June, 1976;
  - b. Manufactured homes constructed with metal roofs and outside walls; or
  - c. Single-wide manufactured homes.
11. Double-wide manufactured homes may be considered provided they are tied down in accordance with the manufacturer's tie down specifications manual. Any new application for a child care center that requests the use of a manufactured home shall obtain an inspection at the applicant's expense from the Arkansas Manufactured Home Commission.
12. Manufactured homes currently licensed as day care facilities shall be tied down as recommended by the Arkansas Manufactured Home Commission.

## **800.10 Infants/Toddlers**

1. If Infant and Toddler Centers and Child Care Centers are operated in the same building, the areas designated for care of infants and toddlers shall be in rooms separate from the activity of other children.
2. When infants/toddlers share the same eating areas with older children, arrangements shall be made to maintain separation.

## **900 Grounds**

To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in their "Handbook for Public Playground Safety". However, the following are minimum requirements and shall be met.

### **901 Layout and Design**

1. The play area shall be enclosed and provide at least 75 square feet per child present on the playground at anytime.
2. There shall be an outside exit from the play area.
3. The area shall be well drained.
4. There shall be equipment and activities appropriate for the age and number of children enrolled in the facility.
5. Separate play areas or time schedules shall be provided if infants and toddlers share playgrounds with older children.

### **902 General Hazards**

1. The area shall be free of hazards or potentially hazardous objects.

2. Equipment, which is designed to be anchored, shall be properly anchored so that the anchoring devices are below ground level.
3. Sand for playing shall be kept safe and clean.
4. Paint on equipment shall be lead free.
5. All fasteners, including S-hooks, shall be securely tightened or closed.
6. There shall be no sharp points, corners, edges, or splinters.
7. The only trampolines allowed shall be mini-tramps used under direct supervision.
8. To prevent entrapment, there shall be no opening(s) between any interior opposing surfaces between 3.5 and 9 inches. Ground bounded openings are exempt.
9. Balance beams higher than 12 inches shall have fall zones.

### **903 Slides**

1. Slides shall not have any spaces or gaps between the platform and the slide surface.

### **904 Swings**

1. The following swings shall not be used for any ages:
  - a. Multi-occupancy swings designed to hold more than one child, except tire swings.
  - b. Animal figure swings.
  - c. Free swinging rope (Tarzan ropes).
  - d. Swinging exercise rings.
  - e. Trapeze bars.
2. There shall be no wood or metal swing seats.
3. Toddler swings shall provide support on all sides, if seat is above 12" from ground.

### **905 Climbing Equipment**

1. Free standing arch climbers exceeding 4 feet in height shall not be used for pre-schoolers.
2. Flexible grid climbing devices, such as rope or chain ladders, climbing ropes, etc., shall be securely anchored at both ends.
3. Pre-schoolers shall not use sliding poles.
4. Sliding poles shall have no protruding welds or seams along the sliding surface and the pole shall not change directions.

### **906 Merry-Go-Rounds**

1. The only merry-go-rounds allowed are portable merry-go-rounds not designed to be anchored and they shall have handgrips or other secure means of holding on.

### **907 Seesaws**

1. Seesaws without spring centering devices shall have shock absorbing materials, such as partial tires embedded in the ground underneath the seats or secured to the underside of the seats.
2. Hand holds shall be provided for both hands at each seating position and shall not turn when grasped.

## **908 Fall Zones/Surfacing**

1. Effective date for existing equipment to comply with required fall zones and fall surfaces is January 1, 2001. Any new equipment shall comply immediately.
2. Absorbent material such as sand, pea gravel, wood chips, wood mulch, shredded tires, etc., shall be used in fall zone areas under and around playground equipment which requires a fall zone.
3. Hard surface materials, such as asphalt and concrete shall not be used as base surfaces in the fall zones except under commercial matting designed to be installed over hard surfaces.
4. There shall be fall zones and surfacing under and around equipment that is over 24" in height at the highest accessible point. (All swings, regardless of height, shall comply). Fall zones shall extend a minimum of 6' in all directions(unless otherwise specified) from the perimeter of the equipment. Exceptions may be granted for structures that have protective barriers in place:
  - Structures under 5' shall have a minimum surfacing material depth of 9" (shredded tires shall have a minimum depth of 6").
  - Structures 5'and taller shall have a minimum surfacing material depth of 12" (shredded tires shall have a minimum of 6" depth).
  - Gravel used for fall zones shall not be over 1/2 inch in diameter.
5. SLIDES: The fall zone for slides measuring 6 feet or over, measured from the slide platform, shall extend 10 feet from the exit end of the slide.
6. SWINGS: The fall zone for single-axis swings shall extend to the front and to the rear of the swing a minimum distance of two times the height of the pivot point above the playing surface. Fall zones shall also extend six feet to the sides of the swing set.
7. SWINGS: The fall zone for multi-axis swings shall extend in all directions a minimum of six feet, plus the height of the suspending rod or chain.
8. Fall zones shall be free of obstacles onto which children may fall.

## **1050 FURNITURE AND EQUIPMENT**

1. Each child care center shall be equipped with toys, books and indoor and outdoor equipment to take care of the needs of the total group and to provide each child with a variety of activities throughout the day.
2. All equipment shall be sturdy, clean, and safe.
3. Paint on toys, equipment and other materials shall be lead free.
4. Chairs and tables shall be the size-appropriate for children.
5. The center shall provide individualized space for storing personal belongings.
6. There shall be storage space for extra materials and other equipment when not in use.

## **1051 Sleeping Arrangements**

1. There shall be a labeled, individual cot or mat, bottom sheet, and adequate cover for each child in care during rest time.

2. The use of mats shall be acceptable if they are at least 2 inches thick, washable, waterproof, and size-appropriate for children.
3. Sleeping equipment shall be kept at least one foot apart for napping.
4. Sheets and covers shall be washed at least once a week. Once a sheet/cover/blanket has been used by a child, it shall not be used by another child until it has been washed.
5. There shall be sufficient lighting during nap time to provide adequate supervision of the children.

## **1051.10 Infants/Toddlers**

1. An individually labeled crib or safe playpen with a waterproof mattress shall be provided for each child under 12 months of age. A bassinet shall not be used.
2. The following guidelines shall be required for cribs:
  - a. Slats shall be no greater than 2 3/8" apart.
  - b. Cribs that have end panels with decorative cutout areas shall not be used.
  - c. Mattresses shall fit snugly in the crib. The space between crib and mattress shall measure no more than 1 inch.
  - d. Corner posts shall be the same height as end panels.
  - e. End panels shall extend below mattress at the lowest position of the mattress.
3. Crib bedding shall be changed daily or more frequently when wet or soiled.

## **1100 HEALTH**

### **1101 General**

1. No child or staff shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up the child if the child exhibits any of the symptoms listed below:
  - a. Fever: A body temperature of 101;
  - b. Diarrhea: three (3) or more watery stools in a 24-hour period;
  - c. Vomiting: Vomiting on two or more occasions within the past 24-hour period;
  - d. Rash: Body rashes, not obviously associated with diapering, heat or allergic reactions to medications; or
  - e. Sore Throat: if associated with fever or swollen glands in the neck.
2. Any child who becomes ill and unable to participate in daily activities shall be separated from other children, supervised, and parents shall be called to pick up the child.
3. Any child who is injured shall have immediate attention. Parents shall be notified of all injuries. Injuries that require the attention of medical personnel shall be reported to the parent immediately.
4. Parents or guardians of all children shall be notified of contagious illness as soon as possible.

5. Medication shall be given to children only with signed parental permission which includes date, type, drug name, time and dosage. It shall be in the original container, not have an expired date, and be labeled with the child's name. Staff shall not dispense medications in dosages that exceed the recommendations stated on the medication bottle.
6. A first aid supply shall be kept out of reach of the children. A first aid kit containing medications shall be locked. This kit shall include the following:
  - a. Adhesive band aids;
  - b. Sterile gauze squares;
  - c. Adhesive tape;
  - d. Roll of gauze bandages;
  - e. Antiseptic; and
  - f. Thermometer.
7. Medicine shall be kept out of the reach of the children when dispensing and shall be stored in a locked area at all other times.
8. Smoking is prohibited within the physical confines of the child care center.
9. Smoking outside the facility shall be limited to a designated area out of the presence of children.
10. Garbage and soiled diapers shall be kept in closed containers. Garbage and trash shall be removed from the center daily and from the grounds at least once a week.
11. There shall be no pets or animals allowed that present a health and safety threat.
12. The following communicable diseases, whether suspected in a child or adult, shall be reported within 24 hours to either the local County Health Unit or the toll free Reporting System (800-482-8888):
  - a. Gonorrhea;
  - b. Hepatitis (A,B, Non-A,Non-B, unspecified and results of serologies);
  - c. Syphilis;
  - d. Rash illness (including \* MEASLES & RUBELLA, \* WHOOPING COUGH (pertussis), MENINGITIS and MUMPS);
  - e. Tuberculosis; and
  - f. Salmonellas (including typhoid).

Reporting data shall include:

- a. Name and location of reporting person;
  - b. Disease or suspected disease and date of onset;
  - c. Name, age, sex, address and phone number of patient (please spell patient's name);  
and
  - d. Name of patient's physician.
13. A roster shall be maintained on infants and toddlers who have not completed the minimum immunization requirements and parents notified of the needed immunization(s).

14. Within 15 days of enrollment of a child, the child care facility shall verify that the child has been immunized as required by the Arkansas Department of Health or the child cannot remain in care (Arkansas Code 20-78-206 as amended by Act 870 of 1997--a current immunization schedule is provided as an insert in this publication).

### **1101.10 Infants/Toddlers**

All diapering preparations shall be placed out of the reach of children. The use of all diapering preparations shall be agreed upon by the caregiver and parent.

### **1102 Handwashing**

1. Individual towels, paper towels or forced air dryers shall be within the reach of children.
2. A liquid soap shall be accessible in the handwashing area and used by caregivers and children.
3. Running water shall be available in all lavatories.
4. Caregiver's and children's hands shall be washed with soap before meals and after toileting, after each diaper change, and as needed.
5. A wash cloth shall not be used more than one time before laundering.
6. A handwashing sink shall be available for the staff within the diaper change areas.

### **1102.10 Infants/Toddlers--Handwashing**

Caregivers hands shall be washed with soap upon entering the work area.

### **1103 Drinking Facilities**

1. The water supply shall be approved by the Arkansas State Department of Health.
2. Drinking water shall be provided to the children.
3. Drinking water shall not be obtained from the hot water supply.

### **1104 Toilet Facilities**

1. There shall be 1 toilet and 1 wash basin available for each group of fifteen (15) children.
2. Clean clothes shall be available for children who soil themselves.
3. Each center licensed or approved for more than thirty (30) children over the age of 18 months shall have a separate rest room for staff. Infant and Toddler Center staff and Day Care Center staff may share the same toilet facilities when both programs are located in the same building.
4. Toilet tissue shall be located within reach of the children when toileting.

## **1104.10 Infants/Toddlers--Toilet Facilities**

1. There shall be at least one toilet and one sink available to each infant/toddler center. For every fifteen (15) children 18 months age and above, there shall be an additional toilet and sink.
2. The child care center shall either provide a bathroom that opens directly into the room where toddlers are located or the facility shall provide additional staff for assisting children with toileting.
3. Potty chairs shall not be counted in lieu of conventional toilets. If potty chairs are used, they shall be placed in the same area with a conventional toilet and sink and shall be emptied and sanitized immediately after each use.

## **1105 Diaper Changing**

1. When infants and toddlers are in care, there shall be a safe diaper changing area which shall be sanitized after every use and equipped with necessary supplies and cleaning materials.
2. Soiled or wet diapers shall be removed and replaced with clean, dry diapers.
3. Soiled cloth diapers or clothing shall not be rinsed. If a child's own diapers are used, they shall be sanitarily bagged to be taken home daily.
4. Diaper covers or plastic pants shall be handled in the same manner as cloth diapers.

## **1106 Toilet Learning**

1. The following methods shall not be used in toilet learning:
  - a. Placing child on toilet or potty chair for prolonged time periods;
  - b. Using harsh language;
  - c. Punishing or berating in any way for soiling clothing;
  - d. Using physical force to place child on a toilet or potty chair against their will; or
  - e. Leaving child unsupervised on toilet.

## **1200 SAFETY**

1. Procedures and diagrams for emergency drills shall be posted in each room.
  - a. Both fire and tornado drills shall be practiced each month.
  - b. Staff, including volunteers and substitutes, shall be trained in safety drill procedures.
  - c. Everyone in the facility at the time of the drill shall participate in the drill.
  - d. The facility shall maintain a record of emergency drills, noting the date, time of the drill, and the number of children participating in the drill. Documentation of fire drills shall also note the length of time taken to reach safety.
2. All medications and poisonous substances shall be kept in separately locked areas.



3. All detergents and cleaning supplies shall be kept out of the reach of children.
4. All bags belonging to children shall be checked on arrival to eliminate possible hazards. Purses and bags belonging to staff shall be stored out of reach of children.
5. Electrical outlets shall be guarded.
6. Balloon use shall be carefully supervised.
7. Staff shall be instructed in the use of fire extinguishers.
8. The facility shall maintain smoke detectors/fire extinguishers as required by the Fire Department. Smoke detectors shall be kept in working order at all times.

### **1200.10 Infants/Toddlers**

1. Balloon use shall not be allowed in infant/toddler areas.

### **1201 Transportation**

1. Staff transporting children shall have a current valid driver's or commercial driver's license as required by state law.
2. The vehicle shall be licensed, insured and maintained in proper working condition, and in compliance with Arkansas state laws on transportation of children.
3. Driver may be counted in staff/child ratio, but shall not be the only adult when more than 12 children over the age of three are transported.
4. For transporting children kindergarten and above only, a ratio of 1:20 shall be maintained. Driver may be counted in staff/child ratio.
5. Any child who is less than 4 years old and weighs less than 40 pounds shall be restrained in a child passenger safety seat. Any child who is at least 4 years or weighs at least 40 pounds must be restrained by a safety belt. This does not apply to school buses. {Act 1274 of 1995
6. There shall be a seating space for each child transported.

### **1201.10 Infants/Toddlers--Transportation**

1. In a vehicle transporting infants and toddlers, the driver may be counted in staff/child ratio but shall not be the only adult. A ratio of one adult for each three infants/toddlers shall be maintained.

### **1202 Swimming Pools**

1. Swimming pools and natural pools of water may be used for water play if the following requirements are met:

- a. Health Department approval where applicable;
- b. Written parental permission;
- c. One person present at all times who has received certification in Red Cross Life Saving or Y.M.C.A. aquatic instruction; and
- d. Adult supervision of the children at all times, with grouping based on the following staff/child ratio (unless children are participating in an authorized swimming instruction program):

1st grade & up	1:8
5 years	1:5
4 years	1:3
2 1/2 - 3 years	1:2

When children of different ages are swimming in a group, the staff/child ratio shall be based on the youngest child within the group.

- 2. Swimming pools located within the play area of the center shall be enclosed. The enclosure shall consist of a locked gate and a fence that is at least four feet high.

### **1202.10 Infants/Toddlers--Swimming Pools**

Swimming pools, wading pools, and natural pools of water shall not be used for children in Infant/Toddler programs. This does not prohibit the use of sprinklers and water play for this age child.

## *PROGRAM-SPECIFIC VARIATIONS*

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### **PROGRAM SPECIFIC VARIATIONS**

PROGRAM-SPECIFIC VARIATIONS ARE NUMBERED ACCORDING TO THE REGULATION WITH WHICH IT VARIES. UNLESS A VARIANCE IS LISTED BELOW, ALL BASIC REQUIREMENTS APPLY.

### **1300 SCHOOL AGE/SUMMER DAY CAMP**

#### **301 Staff/Child Ratio**

Kindergarten and above, 1 worker per 20 children.

#### **400 Program**

1. The program of activities shall be flexible and shall provide some opportunities for a child to choose how he will spend his time.
2. The program shall provide a variety of activities suitable to the ages and interests of the children.
3. School age children who leave the child care center to participate in other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation.
4. Children in camp situations shall be under direct supervision of staff at all times.

#### **602 Child's Records**

1. Immunization records shall not be required for school age children.
2. Permission for specialized summer activities shall be maintained.
3. Emergency information and medical permission sheet shall be maintained at camp site,

#### **700 Nutrition**

1. Children arriving for after-school care shall be provided with a nutritious snack.
2. Sack lunches may be utilized provided 1/3 of the minimum daily nutritional requirements are met. The center shall provide a method to supplement lunches not meeting requirements.
3. Mid morning snacks shall be provided for all children who are in care for more than 3 hours prior to lunch. Mid afternoon snacks shall be provided for all children.
4. Vending machines in school age settings are acceptable provided they are not the only source of snacks and/or beverages.

## *PROGRAM-SPECIFIC VARIATIONS*

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5. Milk is not required to be served in rural day camp settings. Lunches must provide foods from the cereal, protein, and fruit and vegetable groups.

### **800 Buildings**

1. Twenty-five (25) square feet of floor space shall be provided for each school age child.
2. If a facility utilizes the out-of-doors as its major program component for school-age children, covered pavilions and other roofed structures shall provide 25 square feet per child.
3. If preschool children are not present, electrical outlets need not be plugged.

### **900 Grounds**

The requirements for an enclosure of the outdoor play area shall be met if there are health, safety, or fire hazards present.

### **1051 Sleeping Arrangements**

A period for quiet activities shall be provided when children are in care all day.

### **1100 Health**

Provisions shall be made for waterproof cots or mats if a child becomes ill.

### **1102 Hand Washing**

Alternative methods of hand washing shall be provided if running water is not available.

### **1103 Drinking Facilities**

Water that is transported to the camp sites for drinking purposes shall be in enclosed containers. Fresh water shall be provided each day.

### **1104 Toilet Facilities**

There shall be one toilet and one wash basin for each 30 children. Separate toilet facilities for boys and girls shall be provided.

### **1201 Transportation**

1. Driver may be counted in staff/child ratio.
2. There shall be a minimum of two staff members present whenever more than 20 children are transported.

## **1202 Swimming Pools**

Certified life guards may be counted in staff/child ratio when the facility's children are the only occupants in the pool.

## **1400 EVENING & NIGHT CARE VARIATIONS**

### **301 Staff/Child Ratio**

Staff members shall be awake at all times and shall have children in view at all times.

### **400 Program**

Evening quiet time activity shall be provided to each child arriving before bedtime.

### **700 Nutrition**

1. Children who are in care overnight shall be provided with a nutritious breakfast prior to leaving for school or other activities.
2. Supper shall be provided to children during the evening meal hours.
3. Nutritional snacks shall be provided to children in attendance for more than 2 1/2 hours prior to bedtime.

### **1051 Sleeping Arrangements**

1. Bedtime schedules shall be established for children in consultation with the child's parent(s).
2. Storage space for clothing and personal belongings shall be provided within easy reach of the children.
3. Individual beds or cots equipped with comfortable mattresses, sheets, pillows, pillow cases and blankets shall be provided for children in all-night care. Bed linens shall be changed at least once a week or daily when wet or soiled.
4. Mats shall not be used for children in evening care.
5. The upper level of double deck beds shall be allowed for children 10 years or older if a bed rail and safety ladder is provided.
6. Children shall have clean and comfortable sleeping garments for their individual use.

### **1103 Toilet Facilities**

1. There shall be age appropriate bathing facilities available for all children. For children aged 2 1/2 years and older, there shall be a bathtub or shower available. Bathtubs and showers shall be equipped to prevent slipping.

## ***PROGRAM-SPECIFIC VARIATIONS***

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2. Bathrooms shall be located near the sleeping areas.
3. No child under 6 years of age shall be left alone or with another child while in the bathtub or shower.

## **1500 PART-TIME PROGRAM VARIATIONS**

### **400 Program**

1. A rest period is not required for children who are in care for less than 4 hours per day or arrive shortly after lunch.
2. Outside play may be scheduled for periods of less than 1 hour daily.

### **700 Nutrition**

1. Sack lunches may be utilized in facilities providing extended day care no more than 2 days per week. The facility shall insure 1/3 of the minimum daily nutrition requirements are met. A method to supplement lunches shall be provided.
2. Facilities in operation for more than 3 hours per day shall provide a nutritious snack.

## **1600 SICK CARE COMPONENT**

### **300 Staff/Personnel**

1. If the component is part of a day care facility, the program director shall be accountable to the facility director. If the component is an entity unto itself the program director may also be the facility director.
2. The program director shall have completed the following training:
  - a. Communicable disease control;
  - b. Recognition and care of usual childhood illness;
  - c. CPR certification; and
  - d. First aid certification.

### **301 Staff/Child Ratio**

1. Infant 1:3; Maximum group size = 6
2. Preschool/School age 1: 5 Maximum group size = 10
3. Staff shall be separated in the same manner children are separated to prevent cross infection.

## **400 Program**

1. Children shall be provided with quiet activities according to their age and abilities.
2. Caregivers shall:
  - a. Administer medicine according to prescribed instructions;
  - b. Take temperature frequently or as needed;
  - c. Monitor any changes in condition;
  - d. Record necessary medical or physiological data or changes; and
  - e. Notify parents immediately if their child's condition changes significantly for the worse, especially if the condition meets one of the excludable diseases or symptoms.
3. The child shall be removed immediately from sick care when his/her condition meets one of the excludable diseases or symptoms.
4. Children may be returned to regular day care when a doctor's statement has been obtained or when the child is free of symptoms for 24 hours.

## **600 Records**

1. The record shall contain information on the specific condition or illness placing the child in sick care.
2. The record shall contain any recommendations for needed medical treatment and/or program or environment modifications that the child needs.

## **800 Buildings**

1. If located in the same facility as day care, sick care shall be separate with a separate entrance and separate ventilation system.
2. Children with respiratory illnesses shall be cared for in separate space from children with gastrointestinal illness. Any child with an undiagnosed condition shall be separated from other children to prevent cross infection. A separate area can be defined by curtains, partitions etc. if airborne transmission is not likely.
3. A hand-washing sink shall be available in each room.
4. The facility shall be self-contained - i.e. food, water, bedding, toileting (no potty-chairs) etc.

## **1050 Furniture & Equipment**

1. No furniture, fixtures, equipment and supplies designated for use in the sick care component shall be used or shared by well children.

## PROGRAM-SPECIFIC VARIATIONS

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2. All laundry shall be washed each day. The items shall be placed in a plastic bag and labeled "contaminated" so necessary precautions can be taken.
3. All toys and equipment shall be disinfected after every use.

### 1100 Health

TABLES OF COMMUNICABLE DISEASES AND SYMPTOMS THAT EXCLUDE CHILDREN FROM SICK CARE: (asterisk denotes reportable diseases)

a. Respiratory illness	b. Gastrointestinal illness	C. Contact
Chicken Pox	Giardia Lamblia*	Impetigo
German Measles	Hepatitis A*	Lice
Hemophilus influenza	Salmonella*	Scabies
Measles*	Shigella*	
Meningococcus*		
Mumps*		
Strep throat		
Tuberculosis*		
Whooping Cough*		

- d. Symptoms that Exclude Children from Sick Care:

A symptom is a condition that indicates an illness that may not be identifiable by one of the above listed names but presents a situation where the child shall not be admitted to or remain in sick care and should be seen by the family physician.

1. Diarrhea;
  - a. Accompanied by evidence of dehydration for excessive fluid loss;
  - b. Accompanied by history of poor fluid intake and/or marked lethargy;
  - c. With blood or mucous in the stool unless at least one stool culture shows the absence of Salmonella, Shigella, Campylobacter or E-coli; or
  - d. That exceeds 5 bowel movements in an 8 hour period or is continued over 3 or 4 days unless the child is under the supervision of a physician with written documentation;
2. Vomiting for over a 6 hour period;
3. Difficult or rapid breathing;
4. Severe coughing;
5. Mucous (phlegm) that is foul smelling, yellow or green and the child has a fever over 102;



## *PROGRAM-SPECIFIC VARIATIONS*

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6. Asthmatics with severe upper respiratory infections who have not been seen by a physician or whose distress is not controlled by medication;
7. Sore throat and fever greater than 103 or confirmed Strep throat until treated with antibiotics for over 24 hours;
8. Skin conditions that have not been diagnosed as noncontagious by a physician; including but not limited to:
  - a. Yellow (jaundiced) eyes or skin;
  - b. Children in contagious stages of chicken pox, measles, mumps or rubella;
  - c. Untreated impetigo;
  - d. Untreated scabies or head lice; or
  - e. Blood-red rashes and skin conditions with spontaneous bruising;
9. Children who are in the contagious stages of Pertussis, diphtheria, or tuberculosis;
10. Red swollen eye(s) with white or yellow discharge until on antibiotics for over 24 hours;
11. Abdominal pain that is intermittent or persistent;
12. Fever over 102 for greater than 24 hours, or any fever over 103 unless the child has been evaluated and treated by a physician and does not have other exclusion criteria.

## APPENDIX A: Definitions

1. **"Act"** means the Child Care Facility Licensing Act as amended.
2. **"Child Care Center"** means any Child Care Facility conducted under public or private auspices on a profit or nonprofit basis providing direct care and protection for children. Any facility that is open more than five (5) hours during any 24 hour period or more than a total of ten (10) hours during a seven (7) day period is considered a Child Care Center and shall be subject to the provisions of the Child Care Facility Licensing Act. Those facilities meeting the above definitions but operating no more than three weeks are not required to comply with the licensing requirements, i.e.: Summer Bible Schools and Day Camps.  
  
A public or private school which operates a Kindergarten in conjunction with grades one and above, or for grades one and above only and provides short-term custodial care (not to exceed 20 hours weekly) prior to and/or following classes for those students, is not required to comply with licensing requirements for the short-term custodial care provided.
3. **"Child Care Facility"** means any facility defined by Ark. Code Ann. § 20-78-202(4).
4. **"Child Care Licensing Unit"** means the unit within the Department of Human Services, Division of Child Care and Early Childhood Education, that inspects and investigates any proposed or operating Child Care Center and any personnel connected with the center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Licensing Requirements for the Child Care Centers.
5. **"Child Maltreatment Central Registry Check"** means a check of the Arkansas Child Maltreatment Central Registry for any record of founded child abuse and neglect or maltreatment.
6. **"Criminal Record Check"** means a statewide criminal record check conducted by the Identification Bureau of the Arkansas State Police.
7. **"Criminal FBI Check"** means a nationwide criminal record check conducted by the Federal Bureau of Investigation that conforms to the applicable federal standards and includes the taking of fingerprints. Application for a nationwide criminal check shall be made to the Identification Bureau of the Department of the Arkansas State Police.
8. **"Day Care Centers"** means child care for children age 2 1/2 or 30 months and above.
9. **"Department"** means the Arkansas Department of Human Services.
10. **"Division"** means the Division of Child Care and Early Childhood Education.
11. **"Employee"** means all full or part-time employees who perform services under the direction and control of the Child Care Facility.
12. **"Evening and Night Care"** means child care provided between 7:00 p.m. and 6:00 a.m.

13. **"Infant Center"** means child care for children from birth to age 18 months.
14. **"Kindergarten"** means a school based program offered for children five (5) years of age during the school year prior to their entry into the first grade.
15. **"Operator"** means any person or entity exercising any measure of super-vision or control over a Child Care Facility.
16. **"Owner"** means any person who assumes the legal responsibility for operation of a child care facility.
17. **"Part-time Care"** means child care provided no longer than four (4) hours per day or not to exceed a maximum of 20 hours per week. These types of programs may include, but are not limited to, half day kindergarten, mother's day out programs, play schools and some nursery schools.
18. **"Personnel"** is defined as the facility owner or operator, employee or volunteer.
19. **"Program"** is defined as all activities that comprise the child's day at the center.
20. **"Toddler Center"** means child care for ages 18 to 36 months.
21. **"School Age Care"** means child care for children who are in kindergarten and above. School age child care includes before and after school care and extended care during school holidays and summer day camps. School age programs, which operate with children arriving and leaving voluntarily for scheduled classes, activities, practices, games and meetings, shall not be considered as meeting this definition.
22. **"Sick Care"** is defined as a separate service providing care for children who are too sick to attend day care as stated in Section 1000 but who do not exhibit any of the excludable diseases as defined in Section 1500. The primary objective of this service is to insure that children in care receive the required attention necessary for moderately ill children.
23. **"Substantial Compliance"** means compliance with all **essential standards** necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include **but are not limited to** those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space.
24. **"Swimming Pool"** means any pool of water in excess of 12 inches deep. This does not include natural pools of water such as lakes, ponds and rivers.
25. **"Volunteer"** means a person who provides services to a Child Care Facility at no cost to the facility.

## APPENDIX B: LIST OF REPORTABLE DISEASES

The following are the more common reportable diseases, which occur with moderate frequency in Arkansas:

Gonorrhea	Salmonellosis (including typhoid)
Hepatitis (A, B, Non-A, Non-B unspecified and results of serologies)	Shigellosis
Rash illnesses (including *MEASLES & RUBELLA)	Syphilis
*WHOOPING COUGH (pertussis)	Tuberculosis
MENINGITIS	MUMPS

The following are less common reportable diseases that occur with low frequency in Arkansas

*AIDS (Acquired Immune Deficiency Syndrome)	*Leprosy
Amebiasis	*Leptospirosis
ANTHRAX	*Lyme Disease
*Aseptic Meningitis	Lymphogranuloma Venereum
Blastomycosis	*Malaria
BOTULISM	*Meningitis, Hemophilus
*Brucellosis	Influenza, Type B
Campylobacter Interitis	*Meningococcal infection
Chancroid	Mumps
CHOLERA	Pesticide Poisoning
Coccidioidomycosis	PLAGUE
*Congenital Rubella Syndrome	*POLIOMYELITIS
DIPHTHERIA	*Psittacosis (Ornithosis)
Encephalitis (all types)	Q Fever
FOOD POISONINGS (all types)	RABIES
Giardiasis	*Relapsing Fever
Gonococcal Ophthalmia	*Reyes Syndrome
Granuloma Inguinale	Rheumatic Fever
*Guillain - Barre Syndrome	*Rocky Mountain Spotted Fever
Histoplasmosis	SMALL POX
HIV [Human Immuno Deficiency Virus by (name & address)]	*Tetanus
**Influenza	*Toxic Shock Syndrome
*Kawasaki Disease	Toxoplasmosis
*Legionellosis	*Trichinosis
	*Tularemia
	TYPHUS FEVER
	YELLOW FEVER

\* The reporting physician will be contacted for additional information

\*\* Individual cases to be reported only when laboratory testing has determined the viral type.

**The diseases in capitol letters are to be brought to the immediate attention of the State Epidemiologist when suspected.**

Reporting data shall include:

- a) Name & location of reporting person
- b) Disease or suspected disease and date of onset
- c) Name, age, sex, address and phone number of patient (please spell patient's name)
- d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report 1) the physician's name and location, 2) the suspected disease and 3) the number of cases and interval during which the cases were seen:

Acute respiratory disease	Hospital acquired infections
Chicken pox	Infectious Mononucleosis
Conjunctivitis	Influenza (estimate number)
Dermatophytosis (ringworm)	Pediculosis
Enteropathogenic E. Coli Diarrhea	Pleurodynia
Epidemic Diarrhea of unknown cause	Pneumonia (bacterial, Mycoplasma, viral)
Gastroenteritis	Staphylococcal-Infections
Herpangina	Streptococcal-Infections

The following occupational diseases also shall be reported:

Asbestosis	Mesothelioma
Silicosis	Coal Workers Pneumoconiosis
Byssinosis	

**FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.**

## APPENDIX C: Food Serving Size by Age

Pattern	Children age 1 to 3 years	Children age 3 to 6 years	Children age 6 to 12 years	Age 14 and over
<b>Breakfast:</b>				
Juice or fruit	1/4 cup	1/2 cup	1/2 cup	1 cup
Cereal or bread: cereal	1/4 cup	1/3 cup	3/4 cup	1 cup
Bread	1/2 slice	1/2 slice	1 slice	2 slices
Milk	1/2 cup	3/4 cup	1 cup	1 cup
<b>Lunch/ Supper:</b>				
Meat or Alternate:				
Meat, Poultry, Fish or Cheese,	1 ounce	1.5 ounces	2 ounces	3 ounces
Egg*	Large	Large	Large	Large
Cooked dry beans/peas	1/4 cup	3/8 cup	1/2 cup	1 cup
Peanut Butter	2 tbsp.	3 tbsp.	4 tbsp.	5 tbsp.
Vegetable or Fruit**	1/4 cup	1/2 cup	3/4 cup	1 1/4 cup
Bread	1/2 slice	1/2 slice	1 slice	2 slices
Milk	1/2 cup	3/4 cup	1 cup	1 cup
<b>Supplemental (Snacks)</b>				
Milk or juice	1/2 cup	1/2 cup	1 cup	1 cup
Cereal or Bread: cereal	1/4 cup	1/3 cup	3/4 cup	1 cup
Bread	1/2 slice	1/2 slice	1 slice	2 slices
Veg. or Fruit	1/2 cup	1/2 cup	1 cup	1 cup
Meat or Meat Alternative	1/2 ounce	1/2 ounce	1 ounce	ounce

\*When egg is served, use a half portion of meat or another alternate in addition to egg for all children except those who are 1 to 6 years of age.

\*\*Shall include at least two kinds. Vegetable or fruit.